



LITTLE LOST TRAVEL'S

DAY HIKE

Packing List

OUTERWEAR

- Walking Boots
- Walking Socks
- Rucksack
- W.proof Jacket
- W.proof Trousers

CLOTHING

- T-Shirt
- Trousers
- Fleece

EXTRA

- Spare Shoelaces
- Camera

SURVIVAL

- Blister Plasters
- First Aid Kit
- Insect Repellent
- Sun Hat
- Sunscreen

FOOD

- Water
- Water Purifier
- Packed Lunch
- Snacks
- Trekking Poles
- Solar Power Bank